



Teaching You Thrift

Practice makes perfect. Schoolmasters of today as well as yesterday constantly repeat that truth. Pupils learn by applying it.

Application of that principle to our everyday habits proves its practical help. We learn by practicing, whether it be a good habit or a bad habit.



This bank teaches you thrift by leading you to practice it. The lesson is easily learned once it is begun. To become perfect in it requires constant practice. A savings account is the most consistent method of practicing thrift.

Make This Bank Your Best Servant
Open an Account with Us Today—NOW!

CITIZENS BANK Cookeville, Tenn.

We have the agency for the famous **PORTAGE Auto TIRES** and Tubes. These tires are very high grade. They have two layers of fabric more than other tires and also an extra thickness of rubber. Portage Tires and Tubes are thoroughly guaranteed.

We are making a very close price on Portage Tires and Tubes in order to get them before the public. Prices on

30x3 Non-Skid \$15.50 30x3 Tubes \$2.50
30x3 " \$20.00 30x3 1/2 " \$3.00

Try a set of these tires and tubes and be convinced that there are none better.

JERE WHITSON HDWE. CO.

100 Men Wanted

\$27.00 per week. Steady job. Brass Rolling Mill Work. No labor trouble. Bring receipt for R. R. fare and get your money back after 60 days.

Western Cartridge Co.

Employment Dept. East Alton, Ill.

Bank Vice-President

Tells How Ziron Iron Tonic Helped His Daughter After Operation for Appendicitis.

AFTER any serious illness, the first thing you notice when you begin to get around is your lack of strength and energy—a tired, weak feeling.

The sooner you get your strength back the better. The thing to do is to eat plenty of good, nourishing food, get all the fresh air you can, exercise conservatively, and take Ziron Iron Tonic three times a day.

Your doctor will tell you this is sound advice, and urge you to follow it.

Read this letter from Mr. J. B. Kelly, vice-president of the First National Bank, Graceville, Fla.: "My daughter had been in bad health since last April. She was operated on for appendicitis. She has been taking Ziron for two weeks. Her appetite is better than it has been. Her nerves are better, and she says she feels better. I know that Ziron is good for weak and feeble people."

Ziron is a scientific, reconstructive tonic, prepared from valuable strength-building ingredients, for weak people with thin blood. Druggists sell Ziron on a money-back guarantee. Try it.

Renew before your subscription expires

Training Little Children

ARTICLE XLV
By Mrs. Katherine Church Solomons

The routine duties of the wife and mother are the same in practically all homes. Food has to be purchased and prepared; the house has to be kept clean and in order; there is shopping to be done, also sewing, mending and washing—a big item in families with young children—and there are the children.

Very often the mother would seem to have little time or strength to spend other than in attention to the children's actual physical care and requirements, and yet by a little wise thinking and arranging she can start many plays and occupations which will not only give the children pleasure and teach them how to do things but result in a quieter, easier and more joyous task for herself.

The Home Atmosphere

One of the most helpful factors in the harmonious development of mother and child life is a right attitude of mind. It is, of course, most desirable that it be one of contentment and peace; but too often mothers, in addition to the work of housekeeping and the bearing and rearing of children, are obliged to contend with problems of sickness and family disagreements. However, if she can meet such situations with intelligence, courage and self-control, she will create a home atmosphere which will be measureless in its influence.

The Yard

A yard can be made an ideal playground at a moderate expense. Playing in sand appeals more than anything else to children of three and four years. It will engross and keep them occupied for hours at a time. Therefore, the first thing is to put in the yard is a sand box. This can be done by nailing four boards together, and partly embedding them in the ground. Babies should not be allowed to play by themselves in the sand until they are old enough to know that they should not put it in their mouths. And none of the children should be permitted to throw sand, because of the danger to the eyes.

Discarded cooking utensils and a few tin spoons give the children an opportunity to imitate mother's fascinating operations in the kitchen. In warm weather they can have water to mix with the sand. This makes the play all the more real and engrossing.

Older children find many more things to do with sand. They pile it up and make hills out of it, dig holes and fill them with water, or make representations of the many things that children love to play and think about.

Pretty patterns can be made in damp sand by drawing with a stick, by pressing stones, pebbles or seeds into it, or by using such objects as grooved shells or the rim of a cup.

Gardening is one of the most wholesome and healthful ways in which children can be employed. Each child may well have a space in the yard allotted to him for planting and tending a little garden of his very own.

All kinds of outdoor games can be played in the yard and the children can romp to their hearts' content. For the young children, games with a rubber ball or with bean bags are the best.

Older children enjoy having a swing, but it is likely to be dangerous for the little ones when they are running headlessly about.

Play Materials

Almost all children have wooden blocks of one kind or another to play with and they scarcely need to be shown what to do with them. They love to make such things as houses, trains, trolley cars, buildings, bridges and furniture. Any materials that lend themselves to representation of this kind are a delight to children. Kindergarten tables (round, square, oblong and triangular pieces of wood of the dimension of one inch) can be used for representing many things; also colored sticks and slats of different lengths, and seeds of different varieties. A catalogue of kindergarten materials will be sent upon request by Milton Bradley Company, Springfield, Mass., or by E. Steiger & Co., 49 Murray St., New York.

In the same way, children enjoy representing objects in clay, and by drawing and painting. Clay work, however, is better left for school by mothers who have much to do, as work in this material requires considerable attention and direction.

ANITA, IOWA

Crops of all kinds are good. Wages are high. Hands on farm get \$60 to \$80 a month. The honey crop is the best I ever saw.

B. L. SCARLETT.

NOTICE

We have just been notified that the Cash Produce Co., of Cookeville has been and is now operating under a license which states that the undersigned are the owners of said business. This is untrue and we hereby notify the general public that we are in no way connected with said concern and that we will not be responsible for any debts, contracts or actions against said concern or the operator of same in any manner whatever. Said license being issued without notice to us or upon our request.

At T. E. ELLIS, EARL ELLIS.

Biggest Fair in Upper Cumberland September, 10 and 11, at Holladay school grounds.

ELECTION NOTICE

The following Officers, Judges and Clerks are her-by appointed to open and hold the regular August election on Thursday, August 5, 1920 at the various regular voting precincts in the different Civil Districts of Putnam county, Tennessee, within the hours prescribed by law and to make due and proper returns of said election in the manner required by law.

Said election is for the purpose of electing a Sheriff, Trustee, Tax Assessor, County Attorney, County Superintendent or Public Instruction, Members of the County Board of Education, Members of the District Advisory School Boards, and Constables.

First District

Officer—M. V. Loftis. Judges—Morgan Davis, Mike Moore, E. Y. Gibson. Clerks—D. C. Whiteaker, W. H. Barr. Registrars—J. B. Goodpasture, J. M. Judd. Assistant Registrar, H. D. McCulley. Gate Keeper—R. L. Ray.

Second District

Officer, Millard Stone. Judges, T. B. Jackson, George Boyd, Gar Clouse. Clerks, John Hill, E. W. Jackson.

Third District

Officer, C. Bohannon. Judges, E. L. Trapp, Alfred Bartlett, Eleanore Whitaker. Clerks, Stanton Bohannon, Beecher Hyder.

Fourth District

Officer, G. M. Johnson. Judges, J. S. Robinson, G. T. Whiteaker, Joe Sparks. Clerks, John D. Henry, J. C. Clouse.

Fifth District

Officer, J. M. Jackson. Judges, A. J. Lee, T. A. Welch, Isaac Beasley. Clerks, Newton McClood, Jesse Henry.

Sixth District

Officer, H. G. Loftis. Judges, H. D. Quarles, J. E. Billbre, Burt Brewer. Clerks, P. L. Judd, William Brewer.

Seventh District

Officer, T. W. Dyer. Judges, W. T. Holman, Willis Brown, W. L. Stewart. Clerks, Melvin Judd, Byrd Lindsay.

Eighth District

Officer, J. R. Cole. Judges, B. H. Womack, Jake Richardson, Newton Nash. Clerks, Frank Massa, J. S. Allison.

Ninth District

Officer, Cleveland Burch. Judges, J. B. Plunkett, R. L. Kerr, Jap Askew. Clerks, R. L. Alcorn, P. Jones, Jr.

Tenth District

Officer, Clarence Whiteaker. Judges, Larkie Stanton, Jim Bob Sadler, James Brewington. Clerks, Daniel Bartlett, Eli Richardson.

Eleventh District

Officer, W. T. Denny. Judges, Jas. Anderson, Estill Jared, W. R. Medley. Clerks, Jesse Huddleston, R. F. Shanks.

Twelfth District

Officer, R. A. Bockman. Judges, F. H. Jared, Dolph Sullins, W. Steakley. Clerks, A. O. Jared, C. F. McCaleb.

Thirteenth District

Officer, Lewis Anderson. Judges, W. E. Christian, Phillis Sadler, Wade Wallace. Clerks, Willie Julian, J. A. Bussell.

Fourteenth District

Officer, A. L. Weeks. Judges, J. F. Sehon, R. W. King, J. P. Hicks. Clerks, J. C. Parrott, Virgil Allison.

Fifteenth District

Officer, S. A. Wilmoth. Judges, Leo Matheny, M. M. Owen, S. K. Phillips. Clerks, G. W. Norris, Dan Smith.

Sixteenth District

Officer, R. B. Terry. Judges, M. C. Farley, A. W. Maxwell, John L. Ensor. Clerks, Chester Patton, G. M. Dunnavin.

Seventeenth District

Officer, R. B. Stewart. Judges, J. W. Barks, J. D. Nichols, J. W. Whitehead. Clerks, W. T. Anderson, J. R. Clayton.

Eighteenth District

Officer, Sam McCulley. Judges, Arch Carrington, J. C. Ferrell, U. T. Brown. Clerks, F. N. Billingsley, Isham Rodgers.

Nineteenth District

Officer, J. N. Hyder. Judges, D. A. Verble, H. T. Gragg, J. P. McCawley. Clerks, J. F. Hampton, T. J. Clarke.

Twentieth District

Officer, W. R. Bradford. Judges, J. M. Bradford, J. A. Boyd, Horace Maxwell. Clerks, J. L. Sadler, R. L. Richardson.

This July 6, 1920.
A. G. MAXWELL,
W. F. CLOUSE,
H. S. BARNES,
Board of Election Commissioners for Putnam County, Tennessee.

NONRESIDENT NOTICE

In Chancery Court at Cookeville, Tenn. F. W. Henley et al. vs. Tint Herrin et al.

It appearing from the Bill filed in this cause which is sworn to, that the Defendants Wesley Herrin and Wirt Roberts are nonresidents of the State of Tennessee, and cannot be served with the ordinary process of law:

It is ordered that said defendants enter their appearance herein, before the Clerk and Master, at his office in the Courthouse in Cookeville, Tenn., on or before the first Monday in August next, and plead, answer or demur to Complaintants' Bill or the same will be taken for confessed as to them and set for hearing ex parte; and that a copy of this order be published for four consecutive weeks in the Putnam County Herald, a newspaper published in Cookeville, Tenn. This 6th day of July, 1920.

W. R. CARLEN, Clerk and Master.
H. S. BARNES, Solicitor for Complaintant.
Publication fee \$7.25.



The most car for your money. More miles to the gallon. Plenty of room. Comfortable. The most powerful light car built. Make terms to please you.

Chevrolet 490 Touring, \$795 f. o. b. factory

W. H. Crawford Motor Co.

Dealers for Putnam and Jackson Counties
Wm. Hubert Crawford, Mgr. Cookeville, Tenn.

OUR "MERCHANT'S COST BOOK"

(Our Wholesale Mail Order Catalog)

The prices in every issue are guaranteed for the month. If the market advances you are protected—you need never pay more than our guaranteed price. If the market declines you get the benefit of lower prices.

Profitable Items Listed in This Month's
Wholesale Mail Order Catalog

H 4289 1/2—Poodlocks. F 14 R—Gray Enamel Dish Pan.
D 27—1 1/4 in. Blind Bridle. M 2193 1/2—Guitar.
G 27—Marshmallow Peanuts (30-lb Cases)
C 101—Viceroy Watch. N 482—Ladi's Fine Gauge Black Hose.
J 1001—Man's Palm Beach Oxfords. F 7—Stahl Cannon.
A 2—S. W. Corrugated 17-in. Ford Steering Wheels.

If you have not received your copy, send for it at once. FREE to Merchants

Gray & Dudley Company

WHOLESALE GENERAL MERCHANDISE
Manufacturers of
HARDWARE, STOVES and HARNESS

Nashville, Tennessee

A 30 Cent Coupon HERE IS 30c FOR YOU

Clip this Ad and Present it together
with 70c in cash and get a
Dollar Bottle of

Old Indian Liver and Kidney Tonic

Which will relieve Rheumatism, Kidney and Liver Complaints, indigestion, Heartburn, Chills, Fever and Malaria. It will relieve pain in the neck, side, back and shoulder; in one day. It will relieve a headache in 2 hrs.

LISTEN TO THIS MAN

I have taken this medicine and will recommend it to anybody.

J. A. VICKERS.

Stiver Point, Tenn., Route 2

Sold on a Money Back Guarantee

Its remarkable results for Female and Woman Trouble: has made it a woman's friend and companion.

A Trial is the Most Convincing Argument

Sold only and guaranteed by

The Womack Drug Stores
East—Cookeville—West

Only Agents in Putnam County

Manufactured only by THE SEMINOLE MEDICINE CO.

Look for Chattanooga, Tenn., on Every Bottle.

Don't Fail to See the Old Indian Saturday

E. W. CAPSHAW
Attorney at Law Cookeville, Tenn.



For sale by the following leading druggists in this and adjoining counties:

H. Algood, Cookeville. Womack's East Side Drug Store, Cookeville.
Van Nunnally, Baxter. Womack's West Side Drug Store, Cookeville.
Algood Drug Co. Algood. Goff's Drug Store, Monterey.
Goff's Drug Store, Monterey. Burk Drug Co., Livingston. Cumberland Drug Co., Monterey.
Burk Drug Co., Livingston. Marchbanks Drug Co., Sparta. Sweeney Drug Co., Alexandria.
Marchbanks Drug Co., Sparta. Carthage Drug Co., Carthage. Gwaltney & Wilson, Gordonville.
W. H. Betty, Hickman. South Side Pharmacy, Watertown.

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